

PE TIMETABLES 2025/26	KEY STAGE 3		
7 EAST - MONDAY 3	BLOCK 1	BLOCK 2	BLOCK 3
BOYS 1 - IC	BADMINTON	HANDBALL	FITNESS
BOYS 2 - TM	RUGBY	BALL SKILLS	HANDBALL
GIRLS 1 - HF	NETBALL	FOOTBALL	FITNESS
GIRLS 2 - SGT	NETBALL	FITNESS	FOOTBALL
7 EAST - TUESDAY 5 SWIM	BLOCK 1	BLOCK 2	BLOCK 3
BOYS 1 - TM	RUGBY	FOOTBALL	SWIMMING - ZS
BOYS 2 - ZS	BADMINTON	FITNESS	FOOTBALL - TM
GIRLS 1 -SGT	DANCE	SWIMMING - HF	HANDBALL
GIRLS 2 - HF	SWIMMING	HANDBALL - SGT	DANCE
7 WEST -MONDAY 1	BLOCK 1	BLOCK 2	BLOCK 3
BOYS - TM	BADMINTON	FOOTBALL	FITNESS
GIRLS - HF	NETBALL	FITNESS	FOOTBALL
MIXED - ZS	FITNESS	HANDBALL	NETBALL
7 WEST -TUESDAY 4 SWIM	BLOCK 1	BLOCK 2	BLOCK 3
BOYS - IC	RUGBY	HANDBALL	SWIMMING
GIRLS - SGT	HANDBALL	SWIMMING - ZS	DANCE
MIXED - ZS	SWIMMING	FOOTBALL -SGT	BADMINTON
PE TIMETABLES 2025/26			
8 EAST - TUESDAY 3 SWIM	BLOCK 1	BLOCK 2	BLOCK 3
BOYS 1: TM	HANDBALL	FITNESS	TABLE TENNIS
BOYS 2: SG	SWIMMING	FITNESS (SGT)	HANDBALL (HF)
GIRLS 1:HF	NETBALL	HANDBALL	SWIMMING (SG)
GIRLS 2: SGT	FITNESS	SWIMMING (SG)	FOOTBALL
8 EAST - FRIDAY 2	BLOCK 1	BLOCK 2	BLOCK 3
BOYS 1: TM	BADMINTON	RUGBY	FOOTBALL
BOYS 2: IC	FOOTBALL	BADMINTON	RUGBY
GIRLS 1: SGT	DANCE	FOOTBALL	FITNESS
GIRLS 2: HF	NETBALL	DANCE	HANDBALL
8 WEST - MONDAY 5 SWIM	BLOCK 1	BLOCK 2	BLOCK 3
BOYS: TM	BADMINTON	SWIMMING	HANDBALL
GIRLS: HF	NETBALL - SGT	FOOTBALL	SWIMMING
MIXED: SGT	SWIMMING - HF	NETBALL	FITNESS

8 WEST - THURSDAY 2	BLOCK 1	BLOCK 2	BLOCK 3
BOYS: TM	FOOTBALL	RUGBY	FITNESS
GIRLS: ZS	DANCE	FITNESS	HANDBALL
MIXED: SGT	HANDBALL	BADMINTON	FOOTBALL
PE TIMETABLES 2025/26			
9 EAST - MONDAY 2	BLOCK 1	BLOCK 2	BLOCK 3
BOYS 1: TM	FOOTBALL	RUGBY	FITNESS
BOYS 2: IC	HANDBALL	FITNESS	TABLE TENNIS
GIRLS 1: HF	NETBALL	DANCE	HANDBALL
GIRLS 2: SGT	DANCE	HANDBALL	FOOTBALL
9 EAST - WEDNESDAY 1 SWIM	BLOCK 1	BLOCK 2	BLOCK 3
BOYS 1: IC	BADMINTON	SWIMMING -SG	HANDBALL
BOYS 2: TM	FOOTBALL	BADMINTON	RUGBY
GIRLS 1: SGT	SWIMMING - SG	FOOTBALL	FITNESS
GIRLS 2: SG	NETBALL - SGT	FITNESS	SWIMMING- SG
9 WEST - WEDNESDAY 3 SWIM	BLOCK 1	BLOCK 2	BLOCK 3
BOYS 1: TM	BADMINTON	SWIMMING	HANDBALL
BOYS 2: IC	FOOTBALL	BADMINTON	RUGBY
GIRLS 1: ZS	SWIMMING	FOOTBALL	FTINESS - SGT
GIRLS 2: SGT	NETBALL	FITNESS	SWIMMING - ZS
9 WEST - THURSDAY 4	BLOCK 1	BLOCK 2	BLOCK 3
BOYS 1: IC	FOOTBAL	RUGBY	FITNESS
BOYS 2: TM	HANDBALL	FITNESS	TABLE TENNIS
GIRLS 1: HF	NETBALL	DANCE	HANDBALL
GIRLS 2: ZS	DANCE	HANDBALL	FOOTBALL